

~SEPTEMBER 2017~

EAST HILL ELEM & MIDDLE SCHOOL: GRADE PK-8: LUNCH

ALL STUDENTS EAT BREAKFAST AND LUNCH FOR FREE!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Office of Child Nutrition: 673-6346		MENU SUBJECT TO CHANGE WITHOUT NOTICE		
4	5	6 1ST DAY PICNIC	7	8
SCHOOL CLOSED	NO SCHOOL	Bacon Cheeseburger	Chicken Patty Club	Assorted Pizza
LABOR DAY	Superintendent's	Multi Grain Sun Chips	Baked Lays Chips	Mini Pretzels
	Conference Day	Vegetarian Beans (BL)	Carrot Sticks w/dip(RO)	Celery Sticks w/dip (O)
		Watermelon	Applesauce	Diced Peaches
		Italian Ice Cup		
11	12	13	14 PICNIC THURSDAY	15
Chicken Nuggets	Ham & Cheese Bagel	Turkey Club	Hot Dog	Beef Ravioli
Garlic Potatoes (S)	Cheese Crackers	Multi Grain Sun Chips	Pasta Salad	WW Dinner Roll
Seasoned Corn (S)	Green Beans (O)	Carrot Sticks w/dip(RO)	Baked Beans (BL)	Tossed Salad (DG)
Diced Pears	Fresh Fruit	Mandarin Oranges	Watermelon	Applesauce
18	19	20 SUB SHOP DAY	21 PICNIC THURSDAY	22
Bowties w/Marinara	Chicken Patty w/Bun or	Assorted Deli Subs	Cheeseburger	Assorted Pizza
Breaded Mozz Sticks	Fish Patty w/Bun	Baked Lays Chips	Macaroni Salad	Cheese Stick
Cooked Carrots (RO)	Potato Smiles (S)	Carrot Sticks w/dip(RO)	Baked Beans (BL)	Steamed Broccoli (DG)
Fruit Cocktail	Seasoned Corn (S)	Farm Fresh Apple	Grapes	Mandarin Oranges
	Tropical Fruit Mix	Cookie		Pudding w/topping
25 ASIAN FEAST	26 TACO TUESDAY	27	28 PICNIC THURSDAY	29
Cherry Blossom Chickn	Tacos w/fresh toppings	Hot Italian Cheese or	Assorted Sandwiches	Chicken Parmesan
Rice	Cheese stick	Pepperoni Croissant	Multi Grain Sun Chips	Parmesan Pasta
Baby Corn Ears (S)	Mini Cornbread Muffin	Cheese Crackers	Tossed Salad (DG)	Steamed Broccoli (DG)
Tropical Fruit	Black Beans (BL)	Veggie Sticks w/dip (O)	Jello & Fruit Salad	Apple Slices w/cinnamon
Fortune Cookie	Fresh Fruit	Applesauce		
Daily Alternates:				
Daily Alternates:	Low Fat and Fat Free	Vegetable Subgroups:		
PB&J	Milk served Daily	RO: Red Orange		
Yogurt w/grain		DG: Dark Green		
		S: Starchy O: Other		
		BL: Bean/Legume		

- ✓ Enjoy a 'picnic style' lunch each Thursday this month!
- ✓ All students may eat breakfast and lunch for free! No applications or information required.
- ✓ This institution and the USDA are equal opportunity providers.