

~JANUARY 2018~

CANAJOHARIE HIGH SCHOOL: GRADE 9-12: BREAKFAST

ALL STUDENTS EAT BREAKFAST AND LUNCH FOR FREE!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Office of Child Nutrition: 673-6346

MENU SUBJECT TO CHANGE WITHOUT NOTICE

1		2		3 BUILD YOUR OWN		4		5	
SCHOOL CLOSED		Multi Grain Cereal		Honey Wheat Biscuit		Baked WG Funnel Cake		French Toast	
Happy New Year!		½ Bagel		Sausage/Egg/Cheese		Cheese Stick		Assorted Fruit Choice	
		Assorted Fruit Choice		Assorted Fruit Choice		Assorted Fruit Choice		100% Fruit Juice	
		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice			
8 MEATLESS MONDAY		9 TRY IT TUESDAY!		10		11		12	
Bagel w/toppings		Fresh Baked Whole		Breakfast Pizza		Assorted Breakfast		Waffles	
Assorted Fruit Choice		Grain Donut		Assorted Fruit Choice		Breads		Sausage Links	
100% Fruit Juice		Cheese Stick		100% Fruit Juice		Assorted Fruit Choice		Assorted Fruit Choice	
		Assorted Fruit Choice				100% Fruit Juice		100% Fruit Juice	
		100% Fruit Juice							
15		16 TRY IT TUESDAY!		17 BUILD YOUR OWN		18		19	
SCHOOL CLOSED		Cinni-Mini Rolls		Whole Grain Croissant		Fruit Frudel		French Toast	
Martin Luther King Day		Cheese Stick		Bacon/Egg/Cheese		Cheese Stick		Assorted Fruit Choice	
		Assorted Fruit Choice		Assorted Fruit Choice		Assorted Fruit Choice		100% Fruit Juice	
		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice			
22 MEATLESS MONDAY		23 TRY IT TUESDAY!		24		25		26	
Bagel w/toppings		Golden Graham or		Mini Bagel Pack		Assorted Muffins		Breakfast Burrito or	
Assorted Fruit Choice		Cinn Toast Crunch Bar		Sausage Links		Assorted Fruit Choice		Pancake on a Stick	
100% Fruit Juice		Raisins		Assorted Fruit Choice		100% Fruit Juice		Assorted Fruit Choice	
		Assorted Fruit Choice		100% Fruit Juice				100% Fruit Juice	
		100% Fruit Juice							
29 MEATLESS MONDAY		30 TRY IT TUESDAY!		31 BUILD YOUR OWN		FEB 1		FEB 2	
Multi Grain Cereal		Southwest Breakfast		Multi Grain Croissant		Baked WG Funnel Cake		Breakfast Pizza	
½ Bagel		Sliders		Sausage/Egg/Cheese		Cheese Stick		Assorted Fruit Choice	
Assorted Fruit Choice		Assorted Fruit Choice		Assorted Fruit Choice		Assorted Fruit Choice		100% Fruit Juice	
100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice			

- ✓ Low Fat and Fat Free Milk Served Daily.
- ✓ Alternate breakfast may include: yogurt w/grain, cereal w/grahams, Bagel w/protein
- ✓ This institution and the USDA are equal opportunity providers.