

~JANUARY 2018~

EAST HILL ELEM/MIDDLE SCHOOL: GRADE PK-8: BREAKFAST

ALL STUDENTS EAT BREAKFAST AND LUNCH FOR FREE!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Office of Child Nutrition: 673-6346

MENU SUBJECT TO CHANGE WITHOUT NOTICE

1		2		3 BUILD YOUR OWN		4		5	
SCHOOL CLOSED		Multi Grain Cereal		Honey Wheat Biscuit		Baked WG Funnel Cake		French Toast	
Happy New Year!		Graham Crackers		Sausage & Egg		Cheese Stick		Fresh Banana	
		Raisins		Diced Peaches		Fresh Apple		100% Fruit Juice	
		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice			
8 MEATLESS MONDAY		9 TRY IT TUESDAY!		10		11		12	
Bagel w/toppings		Golden Graham Bar		Breakfast Pizza		Assorted Breakfast		Pancake on a Stick	
Applesauce		Or Cinn Toast Bar		Raspberries		Breads		Applesauce	
100% Fruit Juice		Tropical Fruit Mix		100% Fruit Juice		Diced Pears		100% Fruit Juice	
		100% Fruit Juice				100% Fruit Juice			
15		16		17 BUILD YOUR OWN		18		19	
SCHOOL CLOSED		Multi Grain Cereal		Whole Grain Croissant		Fruit Frudel		French Toast	
Martin Luther King Day		Graham Crackers		Bacon & Egg		Cheese Stick		Diced Peaches	
		Fruit Cocktail		Diced Peaches		Fresh Fruit		100% Fruit Juice	
		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice			
22 MEATLESS MONDAY		23 TRY IT TUESDAY!		24		25		26	
Bagel w/toppings		Cinni-Mini Rolls		Pancake on a Stick		Assorted Muffins		Mini Bagel Pack	
Apple Slices		Cheese stick		Tropical Fruit Mix		Fresh Fruit		Diced Peaches	
100% Fruit Juice		Applesauce		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	
		100% Fruit Juice							
29 MEATLESS MONDAY		30 TRY IT TUESDAY!		31		FEB 1		FEB 2	
Multi Grain Cereal		Sausage/Egg/Cheese		Multi Pancakes		Baked WG Funnel Cake		Breakfast Pizza	
Graham Crackers		Breakfast Sliders		Sausage Links		Cheese Stick		Diced Peaches	
Raisins		Diced Pears		Apple Slices		Fruit Cocktail		100% Fruit Juice	
100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice			

- ✓ Low Fat and Fat Free Milk Served Daily.
- ✓ Alternate breakfast may include: yogurt w/grain, cereal w/grahams
- ✓ This institution and the USDA are equal opportunity providers.